
Sele News

Drs Gold, Frankel, Coady, Lewis, Dovey and Spiers
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www.selemedicalpractice.co.uk

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Retirement News!

We would like to share the news that Dr Gold will be retiring at the end of March 2026. We would like to take this opportunity to thank Dr Gold for her hard work and dedication to the practice over the years.

We kindly ask patients not to book appointments to say goodbye, so that appointments can be prioritised for those with a clinical need.

We will contact any patients of Dr Gold during March to inform them of their new named GP.

Named GP

All patients at our practice are allocated a named GP who has overall responsibility for their care.

We always try to prioritise continuity, as seeing the same doctor where possible helps us provide better, more personalised care.

If you have a preferred GP, please let our reception team know when booking your appointments.

Great North Run 2026

Dr Lewis and Care Co-ordinator Karen Hayter are running the Great North Run in September to raise vital funds for The Chrysalis Club.

The Chrysalis Club supports those with dementia and their families by providing activities and support for those suffering with or caring for someone with dementia. For further information, visit <https://www.chrysalisclub.org.uk/>

We want to wish both Dr Lewis and Karen all the best for their training and for the run.

Online Access

We have reviewed our online access process and introduced new, shorter versions of our forms, along with an information leaflet to help explain online access and how to use it.

Patients who already have online access and wish to obtain copies of their medical records, test results, or other information will be directed to use the NHS App in the first instance, where this information is readily available.

However, our practice team remains happy to help patients who do not have online access or who experience any difficulties.

Invitations for Annual Reviews

Where possible, the practice will send out invitations for annual reviews by text message.

For those who do not have mobile phones, or those who have declined text messages, your invitations will be sent out via letter. We would like to remind patients to ensure their contact details are correct

Recruitment to our Patient Group

We would like to invite more patients to join our patient group. There are currently six members who meet quarterly to give feedback and discuss important changes in the surgery. Please contact reception if you are interested or would like any more information.

Attendance at our patient group would also be an excellent opportunity for students and young people (aged 16+) to get involved with the surgery. This could be particularly useful for UCAS or medical school applications.

New staff

We have three new receptionists, who joined the Sele team in December 2025. Their names are Nicola, Caitanya and Jessica. We are also hosting two GP registrars- Dr Aziz and Dr Mehta.

Registrars are doctors who are completing their GP training, they are with us till August 2026.

If you have any feedback on our new or existing staff, please let us know via the Friends and family test (the text message you receive after an appointment) or by sending an email to: nencicb-nor.sele-admin@nhs.net

Friends and Family Test results:

The feedback we received from appointments in January 2025:

Very good	411
Good	43
Neither	9
Poor	5
Very poor	2
Don't know	1

Your feedback and comments are very valuable to us and to improving the surgery. Please remember all comments are anonymous, and if you would like help with a specific issue, to email us at the address above.

If you need help when we are closed:

If you need medical help, use NHS 111 online or call 111.

In a medical or mental health emergency, call 999. This is when someone is seriously ill or injured and their life is at risk.

Any routine queries, prescription request etc will be dealt with upon our reopening.